

Types of Support and Services Available at The Hong Kong Sports Institute (“HKSI”) for Elite Athletes
香港體育學院 (“體院”) 提供予精英運動員之各項支援及服務

(Updated in March 2022)

Category of Athletes 運動員類別		Tier A Sports Scholarship Athletes A級精英項目獎學金運動員			Other Elite Athletes 其他精英運動員		Tier A Sports (Para-Sports) Scholarship Athletes A級精英項目獎學金 (殘疾人運動) 運動員			Other Para-Sports Elite Athletes 其他精英殘疾人運動員			
		Elite/Junior/ Secondary Student 精英/青少年/中學生		Potential 潛質 (+10hr/wk 每週10小時+) (For Tier A only (只適用於A級精英體育項目))	IASS Athletes “個別精英運動員 資助計劃” 運動員 (Note 1)	SAG Athletes 體育訓練資助 運動員	Full-time 全職 (Note 2)	Part-time 非全職 (Note 2)	Potential 潛質 (+8hr/wk) 每週8小時+	IASS Athletes “個別精英 運動員資助計劃” 運動員 (Note 1)	Tier B Sports (Para-Sports) Athletes B級精英項目 (殘疾人運動) 運動員		SAGD Athletes 殘疾人體 育訓練資 助運動員
		Full-time /Cat. 1 全職 /類別一	Part-time /Cat. 2 非全職 /類別二								Full-time 全職 (Note 2)	Part-time 非全職 (Note 2)	
Financial Support 財政資助													
1	Direct Financial Support Schemes to Athletes 對精英運動員的直接財政資助												
	a) Elite Training Grant 精英訓練資助	✓	✓		✓								
	b) Elite Training Grant with Disabilities 殘疾人精英訓練資助					✓	✓		✓	✓	✓		
	c) Sports Aid Grant 體育訓練資助												
	d) Sports Aid Grant for Athletes with Disabilities 殘疾人體育訓練資助												✓
	e) Individual Athletes Support Scheme (Programme funding) 個別精英運動員資助計劃 (訓練經費)				✓				✓				
2	Hong Kong Athletes Fund 香港運動員基金												
	a) Education Grant 教育資助	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	b) Elite Athletes Performance Recognition Scheme (for full-time retired athletes) 精英運動員優秀表現嘉許計劃 (只適用全職退役運動員)	✓			✓				✓	✓			
3	Incentive Awards for Major Games 優秀運動員獎勵計劃	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
4	Outstanding Junior Athlete Awards 傑出青少年運動員選舉	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5	Elite Athlete Subsidy Scheme for Coach Education Courses 精英運動員資助計劃 (教練培訓課程)	✓	✓	✓	✓	✓	✓	✓	✓				
Training and Competition Support 訓練及比賽支援													
6	Coaching 教練	✓	✓	✓	✓*		✓**	✓**	✓**	✓*	✓**	✓**	
7	Local Training 本地訓練	✓	✓	✓	✓*		✓**	✓**	✓**	✓*	✓**	✓**	

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8	Overseas Training and Competitions 海外訓練及比賽	✓	✓		✓*		✓**	✓**		✓*	✓**	✓**	
9	Equipment / Sports Gear 運動裝備 / 用具	✓	✓		✓*		✓**	✓**		✓*	✓**	✓**	
10	Accident, Travel and Life Insurance 意外、旅遊及人壽保險	✓	✓	✓	✓		✓	✓	✓	✓			
11	Medical Insurance 醫療保險	✓	✓		✓		✓	✓					
12	Use of Training Facilities Available at HKSI 使用體院現有的訓練設施	✓	✓	✓	✓		✓	✓	✓	✓			
13	Meals 膳食	✓	✓		✓*		✓**	✓**		✓*			
14	Sports Science / Sports Medicine 運動科學 / 運動醫學	✓	✓		✓		✓	✓		✓			
15	Strength and Conditioning 體適能	✓	✓	✓ (Note 3)	✓		✓	✓	✓ (Note 3)	✓			
Athlete Education and Lifestyle Support 運動員教育及生活支援													
16	Athlete Development Programme 運動員發展計劃	✓	✓		✓		✓	✓		✓			
17	Education / Personal Development Guidance 教育/個人發展輔導	✓	✓		✓		✓	✓		✓			
18	Tutorial Support 學習支援	✓	✓		✓		✓	✓		✓			
19	Elite Athletes Continuing Education Subsidy 精英運動員進修資助	✓	✓		✓		✓	✓		✓			
20	Lam Tai Fai College Partnership School Programme Admission Application (Senior Secondary Education) 林天輝中學夥伴學校計劃入學申請 (高中教育)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	English Schools Foundation Partnership School Programme Admission Application (Senior Secondary Education) for full-time athletes 英基學校協會夥伴學校計劃入學申請 (高中教育) (只適用全職運動員)	✓			✓		✓			✓			
21	Nomination for Admission Application to local tertiary institutions established with MOU with HKSI for full-time athletes 提名申請報讀已與體院簽署合作備忘錄之大專院校 (只適用全職運動員)	✓			✓		✓			✓			

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22	Athlete Hostel for full-time athletes 運動員宿舍 (只適用全職運動員)	✓			✓		✓		✓				
23	Social / Welfare Activities / Programme for full-time resident athletes 宿舍社交/福利活動 (只適用住宿全職運動員)	✓			✓		✓		✓				
24	Elite Athletes Work-experience Programme for full-time athletes 精英運動員工作體驗計劃 (只適用全職運動員)	✓					✓		✓				
25	Car parking at HKSI 體院停車場	✓	✓	✓	✓		✓	✓	✓				

Note 1: IASS = Individual Athletes Support Scheme: Athletes of Olympic/Asian Games or Paralympic/Asian Para Games Sports, who are not supported under Tier A sports and achieve Point 3-level or above according to the Elite Vote Scoring Table, are eligible to receive an annual programme funding (through the respective NSAs) to support the items marked with an “*” above.
個別精英運動員資助計劃: 根據精英資助評分表, 非「A級」精英體育及其項目為奧運會/亞運會/殘奧運/亞殘會項目的運動員如取得3分或以上便符合此項計劃的資助資格, 每年可獲一筆訓練撥款(透過所屬體育總會), 用作以上有“*”號的項目開支。

Note 2: Funding under Tier A/Tier B sports (Para Sports) will be provided to the Para Sports NSAs to support the items marked with an “*” above.
A級精英項目/B級精英項目資助可透過體院撥款給其所屬體育總會, 用作以上有“*”號的支援/服務。

Note 3: Potential Athletes can only use the Strength & Conditioning facilities under a structured programme agreed and supervised by sports specific Coaches and Strength & Conditioning Coaches
潛質運動員須在有系統訓練計劃下, 獲所屬運動項目教練及體適能教練同意及監察, 方可享用體適能訓練設施。