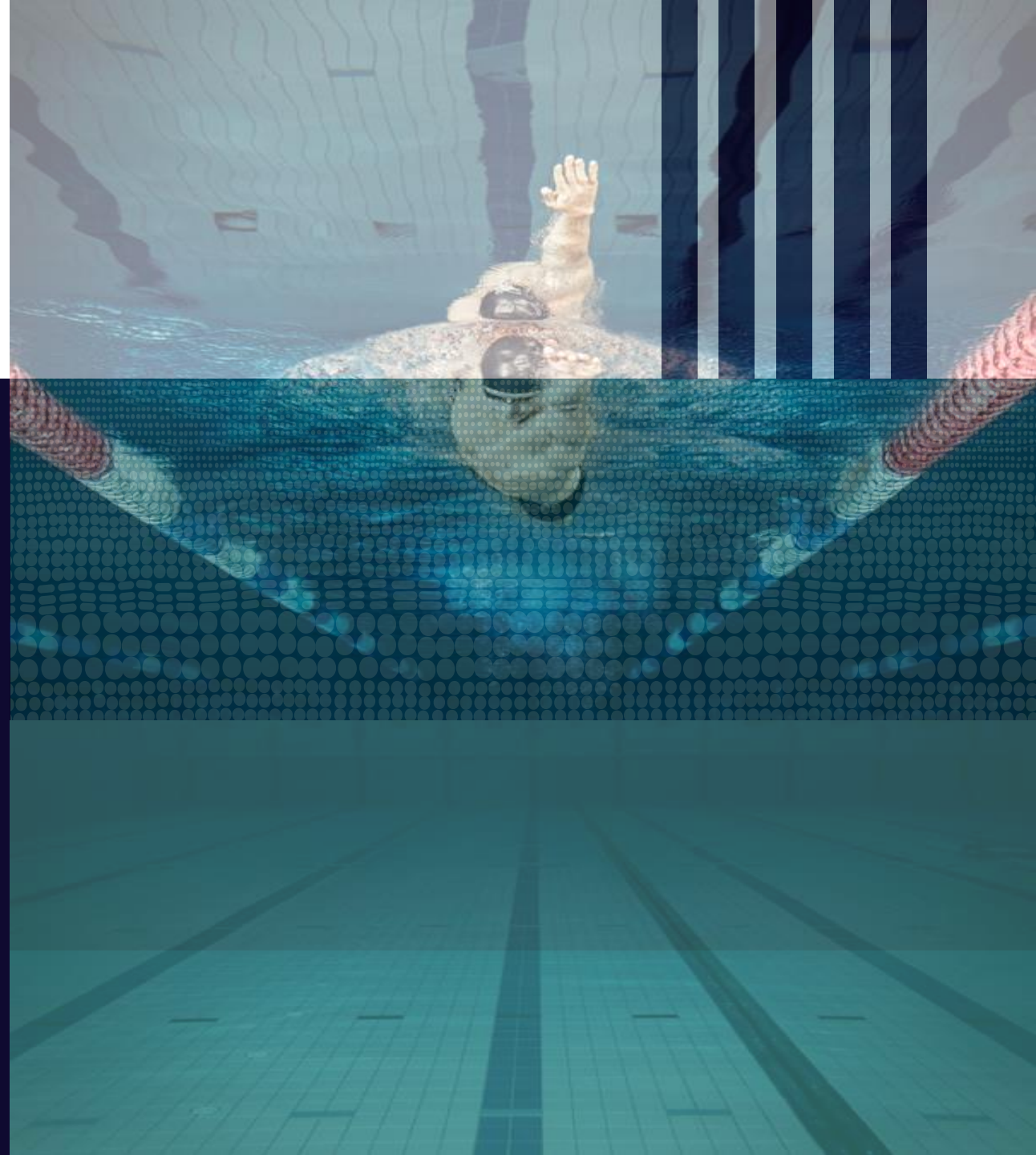




Australian Government
Australian Sports Commission



AIS



A Journey to Win Well

Australia's High Performance Sport Ambition
for 2032 and beyond

Sonia Boland
National Wellbeing Manager
AIS Performance

We will continue to set **ambitious performance goals**, but always balanced with High Performance **behaviours that are safe, fair and supportive**

We Win Well to Inspire Australians

Maintaining the **ambition for success**, but always marked with **humility, integrity, fair play and Aussie grit**

Win Well

Accepting room for **trial and error** along the way as we innovate and chase the progress... Our planning is precise, **focused on winning when it matters**

A **holistic approach**, supporting our athlete and people to win in all areas of life

Win Well acknowledges the **importance of success and rewarding high performance**, and highlights **wellbeing as a foundation of sustainable success**

What.....

'is our point of difference?



OUR CONNECTION TO COUNTRY

The commitment to enhancing meaningful connection with Aboriginal and Torres Strait Islander Peoples, histories, communities and cultures



INCLUSIVE DESIGN

The aim to design programs, initiatives and services with consideration for all users and the full range of human diversity.

This means we are creating greater opportunity for people to achieve their potential and mitigate the need to design multiple initiatives



WIN WELL PLEDGE

The commitment to striving to win well, where how we win is just as important as we win.

The prioritisation and focus on the physical, mental, emotional and culture wellbeing of our athletes, coaches, staff and sport as a whole to unlock our full potential

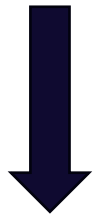


Win Well Overarching Measures



Wellbeing in High Performance Sport

From risk management to performance enabling

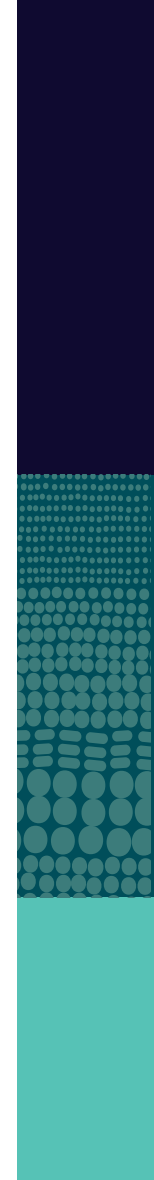


Duty of Care

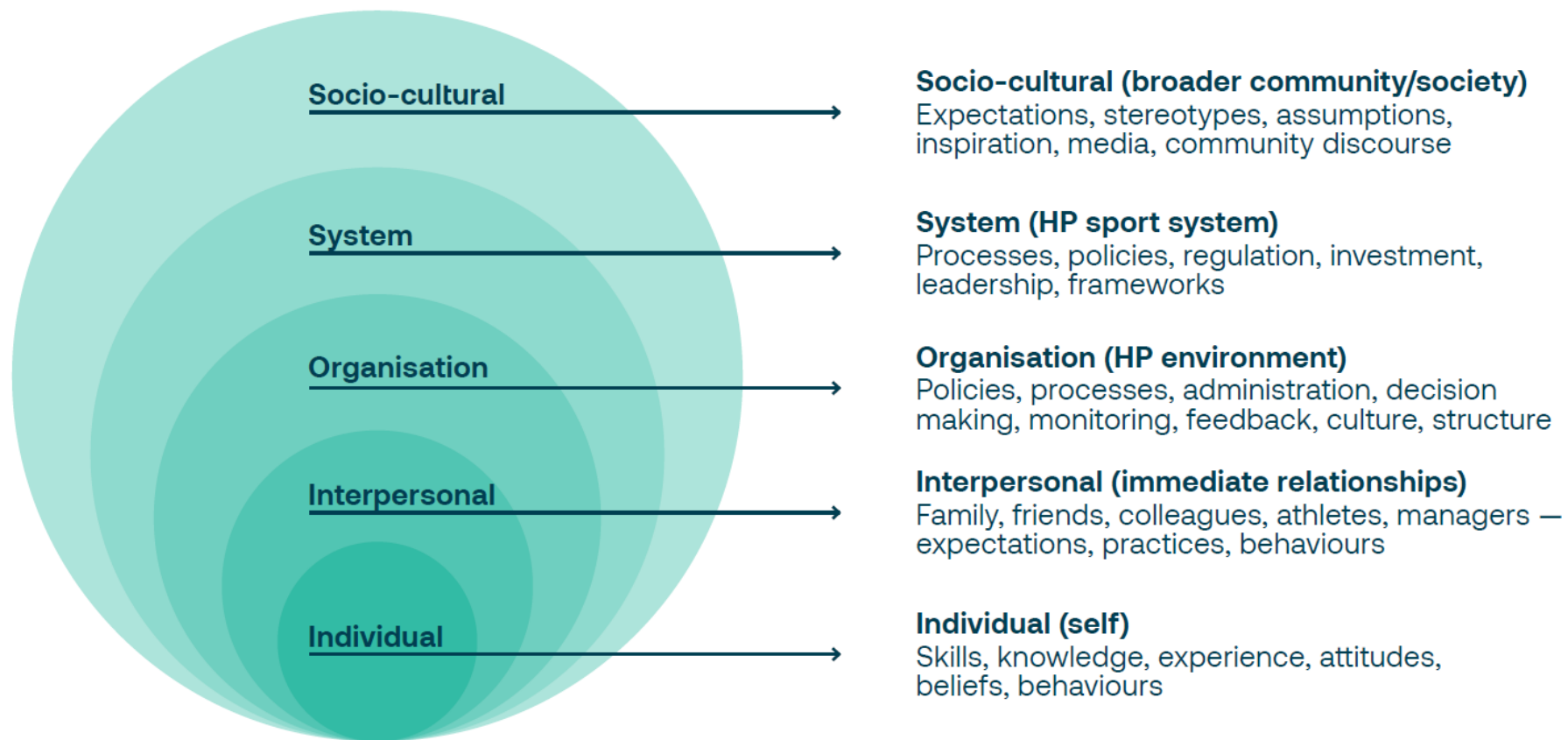
Performance Enabling

- Risk management
- Risk mitigation
- To reduce the impact on performance

- Opportunity focused
- Competitive advantage
- To enable and support sustained, repeated performance



The importance of wellbeing to our athletes



We win well to inspire Australians

“Working together, walking together, aspiring together, achieving together.”

**Thriving
individuals and
teams for sustained
performance**

A performance driven, people focused, high performance system that empowers individuals and teams to thrive, flourish and unlock their full potential.

Individual wellbeing domains

Physical
wellbeing

Mental
wellbeing

Emotional
wellbeing

Social
and cultural
wellbeing

**Organisational and
team wellbeing
dimensions**

Safety

Trust

Growth

Belonging



Safety

The establishment of a **secure environment where athletes and support staff feel physically and psychologically protected.**

This includes not only the prevention of physical harm through safety protocols and support for financial security, but also the creation of a culture that supports open dialogue, allowing individuals to express concerns without fear of repercussions.

(It also involves child protection and the protection of vulnerable groups).

Physical safety

Psychological safety

Cultural safety

Financial security and supports

DESCRIPTION

Safety

The establishment of a secure environment where athletes and support staff feel physically and psychologically protected. This includes not only the prevention of physical harm through safety protocols and support for financial security, but also the creation of a culture that supports open dialogue, allowing individuals to express concerns without fear of repercussions.

It also involves child protection and the protection of vulnerable groups.



COMPONENTS

Component	Description
Physical safety	<i>The state of being protected from physical harm or injury. This includes the combination of environmental adjustments, safety training and adherence to regulations designed to safeguard physical wellbeing.</i>
Psychological safety	<i>The state of feeling safe in a team to be yourself, speak your mind, and make mistakes without worry of repercussion.</i>
Cultural safety	<i>The environment where all team members feel respected and valued, regardless of their background or identity. It means that the team acknowledges and embraces diversity, and actively works to avoid discrimination or bias.</i>
Financial security and support	<i>The assurance that team members have about their financial stability. The consideration for cost-of-living, appropriate remuneration and the availability of financial supports relevant to different individual and sport contexts.</i>

AMBITION

Teams/ organisations foster environments where everyone feels physically, psychologically and culturally safe.



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**AUSTRALIA'S
HIGH PERFORMANCE
SPORT STRATEGY**

2032+

We Win Well to inspire Australians

winwell2032.au

