

TOPIC 7 - Learnings from Olympic Games and Paralympic Games

Date: 5 December 2024 (Day Two)

Speakers: Dr Takeshi Kukidome

Ms Yan Zi

Mr Gregory Andre Maurice Koenig

Mr Chan Ho-yuen Daniel




Dr Takeshi Kukidome

- Vice President (Japan Sport Council), High Performance Director (Japan High Performance Sport Centre), Director-General (Japan Institute of Sports Science), Vice President for Asia (Association of Sport Performance Centres)

Dr Kukidome, Ph.D., is the Vice President of Japan Sport Council (JSC), the High-Performance Director of Japan High Performance Sport Centre (HPSC), and the Director-General of the Japan Institute of Sports Science (JISS). He has over 15 years of experience as a professor at Senshu University, focusing on sport policy and information from 2005 to 2022.

His expertise in wrestling is notable, having served as the national coach and technical director for Japan's men's wrestling team from 2005 to 2013. Dr Kukidome had also led the sport Information strategy section of the Japan Olympic Committee (JOC) from 2001 to 2015. His both academic and practical background and experience in high performance sports have significantly contributed to the development of the sustainable high-performance sport system in Japan.

In his advisory role at the Japan Sports Agency (JSA), he played a crucial part in shaping high performance sport policies. He has also been active on the international stage. He was involved with the

	<p>United World Wrestling's Scientific Commission from 2016 to 2021. Further, he serves as the Vice President of the Asia for the Association of Sports Performance Centres (ASPC).</p> <p><u>Presentation Abstract: “Total Conditioning Approach by Japan High Performance Sport Centre: Lessons from Paris 2024 for Future Games”</u></p> <p>He will be discussing lessons learned from Paris 2024, future international competitions (LA28, Aichi-Nagoya Asian Games 2026), and total conditioning.</p>
	<p>Ms Yan Zi</p> <ul style="list-style-type: none"> • Elite Tennis Player <p>2008: Beijing Olympics: Women's Doubles Bronze Medallist</p> <p>2006: Women's Doubles Australian Open Champion (Grand Slam)</p> <p>2006: Women's Doubles Wimbledon Champion (Grand Slam)</p> <p>2005: Women's Singles Guangzhou Open Champion (WTA)</p> <p>ITF Circuit Finals Doubles: 23 (16 titles, 7 runners-up)</p> <p>WTA Tour Finals Doubles: 28 (17 titles, 11 runners-up)</p> <p>Grand Slam Partner: Zheng Jie</p>



Mr Gregory Andre Maurice Koenig

- Foil Fencing Coach (Hong Kong Sports Institute)

Mr Koenig is a prominent figure in Hong Kong’s sports community, recognized for his dedication to fostering local talent and coaching the Hong Kong Sports Institute’s foil team. Before becoming an Olympic gold-winning coach, Greg was a member of the French fencing national team and won gold at the Bonn World Cup in 2009. He transitioned from athlete to coach, serving as the France National Fencing Coach from 2012 to 2017, where he assisted the French Men’s Foil Team in winning silver at the Rio Olympics in 2016. Greg then relocated to Hong Kong to become the HKSI foil coach. He has been awarded the title of “Gold Winning Coach” and has received the HKSI Coach of the Year award for three consecutive years since 2022, as Cheung Ka Long defended his 2020 title, becoming a two-time Olympic Champion in men’s foil at both the Tokyo and Paris Olympic Games.

Greg’s passion for sports extends beyond competition; he actively engages in community outreach programs aimed at inspiring youth through physical activity. His commitment to excellence and ability to connect with athletes have made him a respected leader in the field. Through his efforts, he continues to have a lasting impact on the sporting landscape in Hong Kong.



Mr Chan Ho-yuen Daniel

- Para-Badminton Elite Player, Hong Kong Sports Institute

The First Wheelchair Badminton player from Hong Kong

2-time Paralympic Games medallist: Silver in 2024 (France); Bronze in 2020 (Tokyo).

6-time medallist in the Para Badminton World Championships (2011, 2013, 2015, 2017, 2019, 2022).

Over 500 international matches and Over 80 medals gained

	<p>Awarded in Hong Kong Sport Stars Awards 2015, 2019</p> <p>World ranking: No. 2</p> <p><u>Presentation Abstract</u></p> <p>Daniel will be sharing his journey as a para-athlete, focusing on his "Road to Paris" versus "Roll to Pairs." He will discuss his evolution as an athlete, touching on key topics such as self-understanding and personal discovery, mental training, injuries, and recovery.</p> <p>"Better Preparation, Closer to Success!"</p>
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