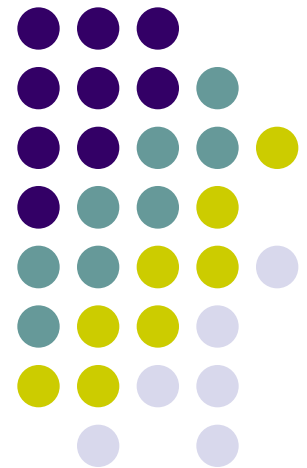


# Implementation of the 2015 World Anti-Doping Code

Hong Kong Anti-Doping Committee  
24 June 2015



# Highlights



1. Modifications of the World Anti-Doping Code(WADC)
2. Implementation in Hong Kong

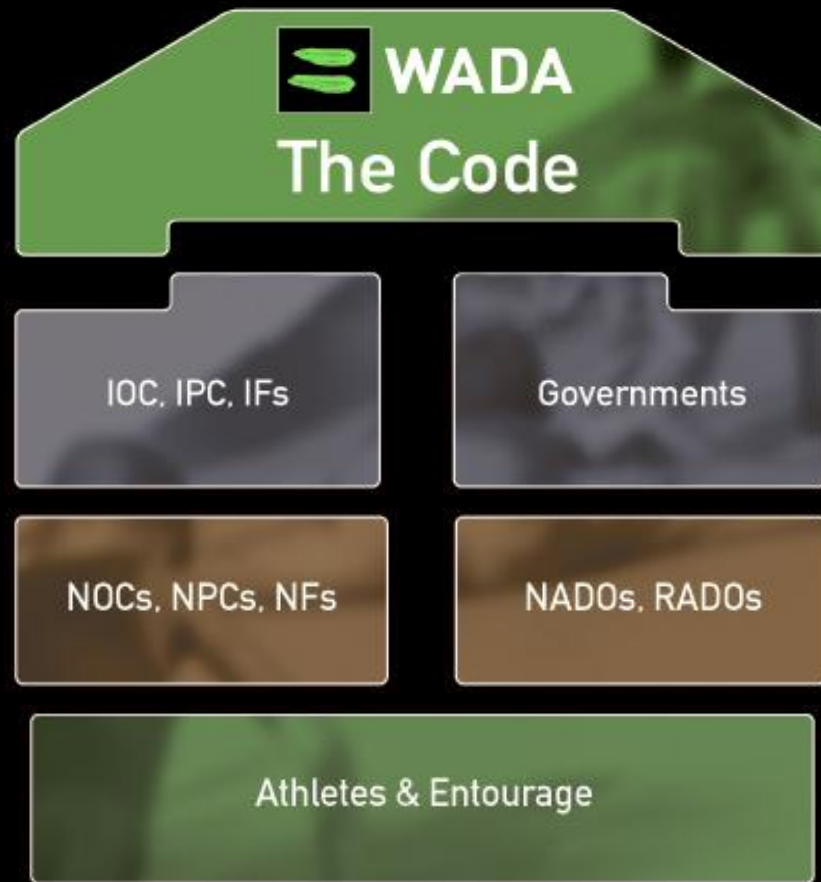
# Anti-Doping Organization Chart



CAS



Labs

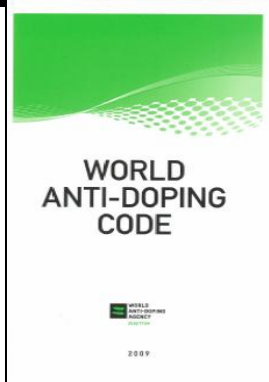




# World Anti-Doping Program

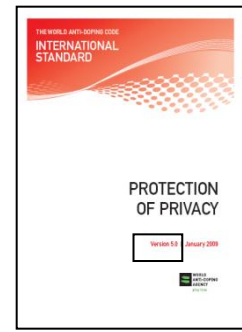
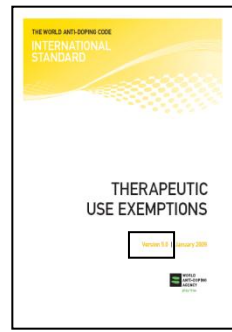
**Mandatory**

- **Level 1:** The World Anti-Doping Code (WADC)



- **Level 2:** International Standards

**Mandatory**



- **Level 3:** Models of Best Practice

**Recommended**



MODEL RULES:  
NATIONAL ANTI-DOPING  
ORGANIZATIONS



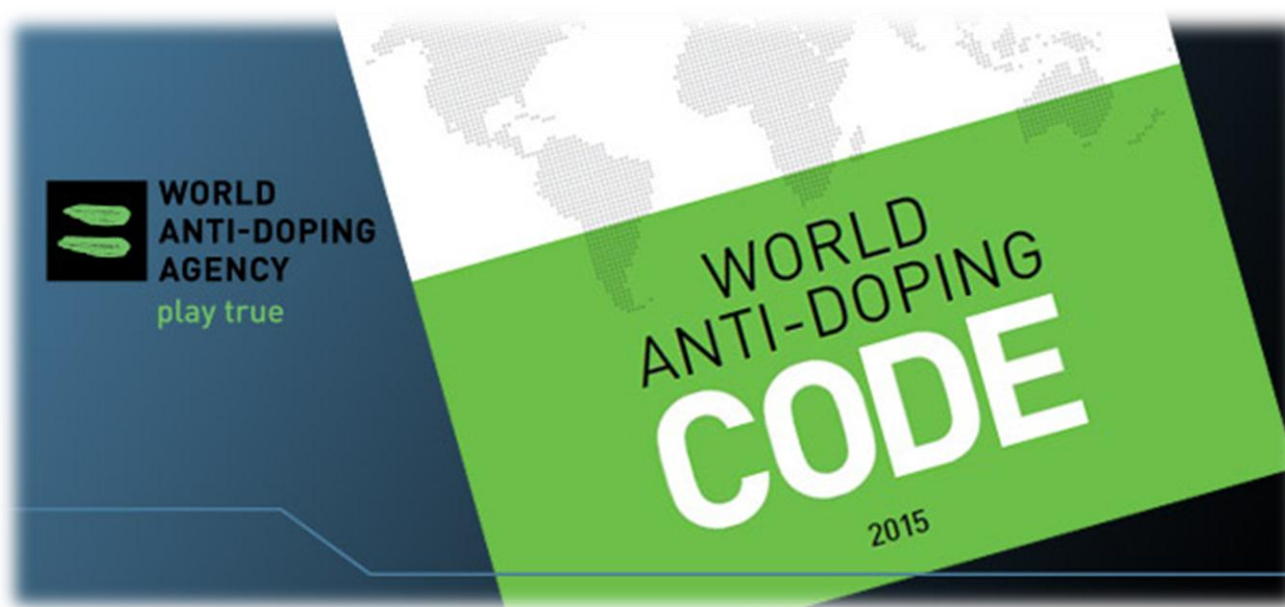
MODEL RULES:  
INTERNATIONAL FEDERATIONS



MODEL RULES:  
NATIONAL OLYMPIC  
COMMITTEES



# 2015 WADC Highlights



# Who are affected by the Anti-Doping Regulations?



- ✓ **Athletes**
- ✓ **Coach**
- ✓ **Supporting Staffs**
- ✓ **Officials**
- ✓ **Anybody**

# Anti-Doping Rule Violations



1. Presence of a prohibited substance or its metabolites or markers in an athlete's sample
2. Use or attempted use of a prohibited substance or a prohibited method
3. Evading, refusing or failing to submit to sample collection
4. Violation of Whereabouts including
  - 1) Filing failure
  - 2) Missed tests(18-month → **12-month**)



**Athlete**





## **UK Anti-Doping (UKAD) has today confirmed that ice-hockey player Nicky Watt has been suspended from all sport for eight years following two anti-doping rule violations.**

Mr Watt is a semi-professional ice hockey player who played for ten years in the English Premier Ice Hockey League. He refused to provide a urine sample during an out-of-competition test on 27 May 2014. Mr Watt later tested positive for the anabolic steroid stanozolol, following an out-of-competition test on 17 June 2014.

**The athlete is banned from all competition from 17 June 2014 to 16 June 2022.** The full written decision can be found under [current rule violations](#).

UK Anti-Doping's Director of Legal, Graham Arthur said: "The length of Mr Watt's ban reflects the grave nature of his violations. Not only has he tested positive for a prohibited substance but he also made a deliberate decision to not comply with sample collection, which is a serious violation of the anti-doping rules.

"The message to athletes is clear; if you are approached for testing, do not refuse or walk away as the consequences can be severe."



# Anti-Doping Rule Violations



5. Tampering, or attempting to tamper, with any part of doping control.
6. Possession of prohibited substances and methods
7. Trafficking or attempted trafficking in any prohibited substance or prohibited method
8. Administration or attempted administration of a prohibited substance or prohibited method to any athlete.



# Weightlifting coach Daniel Milne banned for doping violations



Last updated 16:13, December 1 2014



189



2



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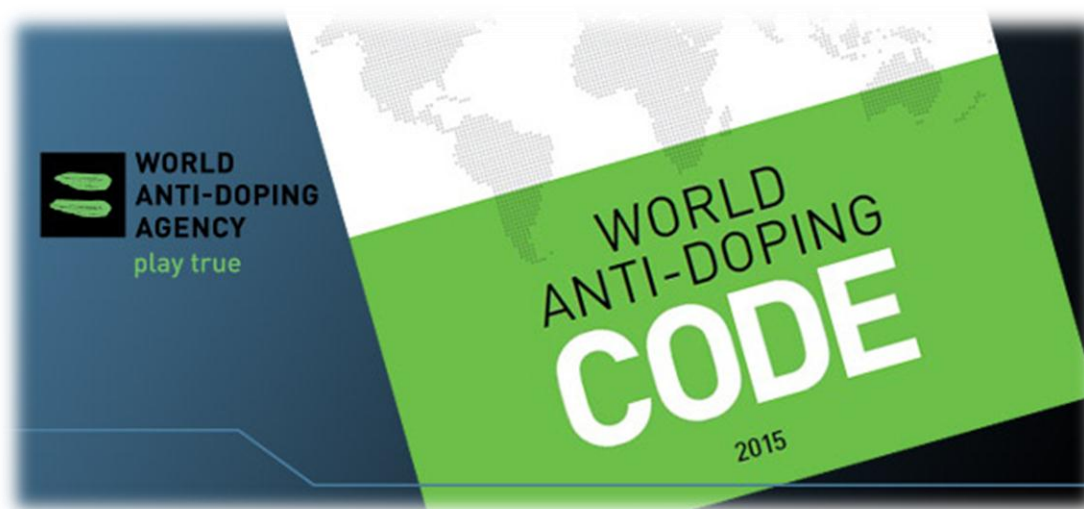
A Kiwi weightlifting coach has been banned from all sport for six years after admitting charges of trafficking and possession of prohibited substances.

Daniel Milne admitted both charges before the Sports Tribunal, which released its judgment today in what is the first anti-doping violation of attempted trafficking in New Zealand.

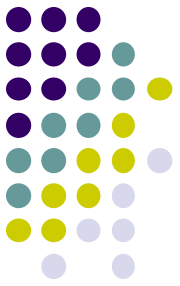
Drug Free Sport New Zealand chief executive Graeme Steel applauded the lengthy ban and said it served as a warning to coaches who encourage or assist with doping.



# Highlights of the revised rules significant changes



# Rule violation 9



## Complicity -

assisting, encouraging, aiding, abetting, conspiring, covering up or any other type of intentional complicity involving an ADRV





# Rule violation 10



## Prohibited Association

associating with a person who has been find guilty of a criminal or disciplinary offence equivalent to a doping violation

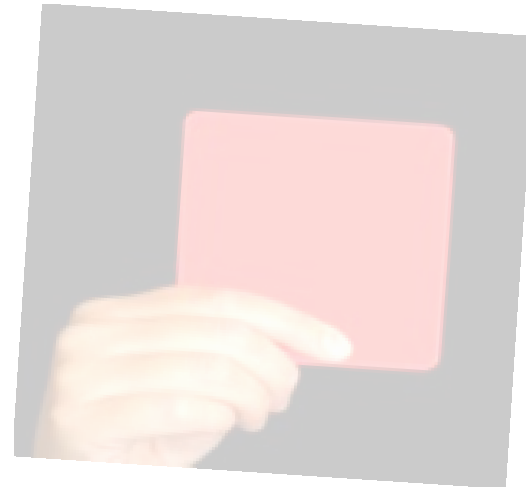




# Highlights of 2015 WADC - Sanction

## Tougher sanctions for intentional dopers

- 1<sup>st</sup> time ADRV : Longer periods of ineligibility  
2 years → 4 years
- Other consequences:
  - Disqualification
  - Financial sanction
  - Public disclosure





# Highlights of 2015 WADC - Sanction

## Tougher sanction for intentional dopers

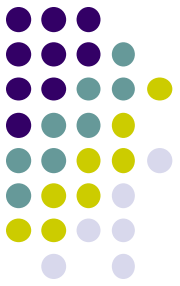


- Retired athletes returning to International Events  
3 months → 6 months advance notice
- Statute of limitations  
8 years → 10 years



# Highlights of 2015 WADC – Sanction

## More flexibility in other specific circumstances



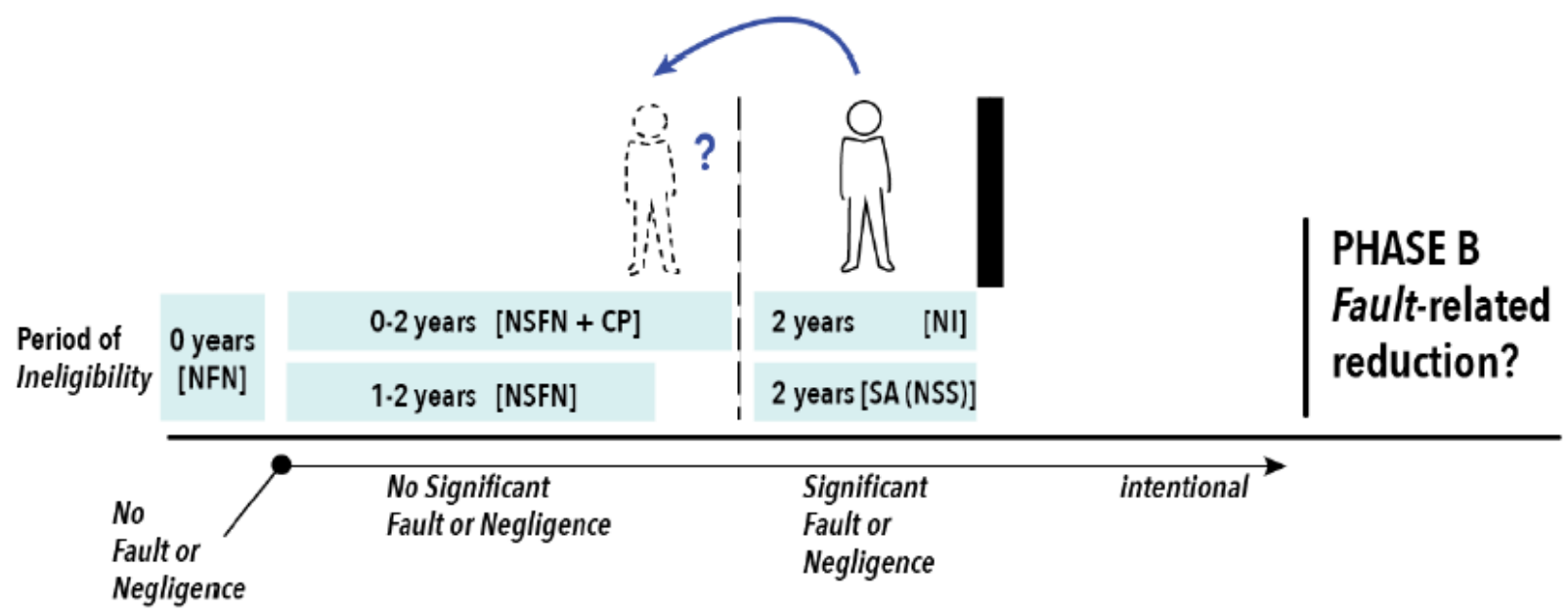
.....may have the period of ineligibility **reduced:**

- Certain ADRVs (e.g. whereabouts failures, complicity & prohibited association)
- Unintentional use of specified substances or contaminated products
- Providing substantial assistance in discovering or establishing ADRVs
- Early admission on test evasion and tampering with doping control
- No fault or negligence





← Burden: *Athlete*  
Std.: Balance of probability





# Highlights of 2015 WADC – Sanction

## More flexibility in other specific circumstances...

... may have the period of ineligibility **increased:**

- Certain ADRVs (e.g. trafficking and administration), particularly for cases involving minor.



# Highlights of 2015 WADC – Athlete Support Personnel (ASP)



- Required to be bound by the Rules
- Investigate ASP:
  - Involving a minor
  - More than one athlete found to have committed ADRV
- Prohibited Association
- Use and possession



# Role and Responsibilities of Athlete Support Personnel



- To be knowledgeable of and comply with anti-doping rules
- To cooperate with the athlete testing programme
- To use their influence on athlete values and behavior to foster anti-doping attitude





# Highlights of 2015 WADC – Investigation



## New obligations

All Anti-Doping Organizations (ADOs) are required to actively collect anti-doping intelligence for the purposes of test planning, target testing and **investigation** into possible ADRVs.



# Highlights of 2015 WADC – Intelligent Testing



*Types of testing, Types of sample collected & sample analysis menu.*

Vary according to sports, disciplines, categories of athletes & other relevant factors :

- ⑩ Focus on high risk sports
- ⑩ Identify athletes with suspicious test results
- ⑩ Analyze test histories
- ⑩ Compare whereabouts training locations/anomalies
- ⑩ Review competition results
- ⑩ Injury history



**“Smarter”-- more effective testing programme**

# Highlights of 2015 WADC – Education



- ADOs and various sporting bodies to run **Value based education**
- Focus on Prevention of doping
- Directed towards athletes and ASP
- Particular focus on young people through school curricula




# The implementation in Hong Kong in 2015

The cover of the revised Anti-Doping Rules document features a red 'new' sticker in the top left corner. The main title 'The revised Anti-Doping Rules' is written in purple inside a large green speech bubble. Below the title, it states '(Effective on 1 January 2015)'. At the bottom, there is a circular logo for the Hong Kong Anti-Doping Committee, which includes the Olympic rings and the text 'HONG KONG, CHINA'. Below the logo, the full name of the committee is written in both English and Chinese.

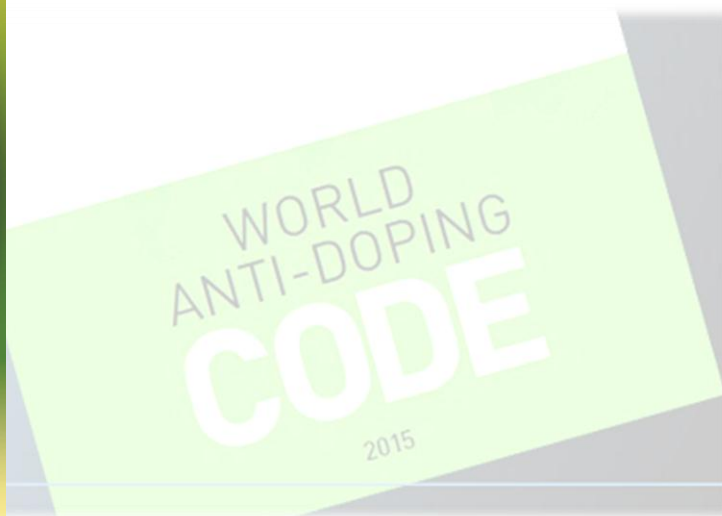
**new**

**The revised  
Anti-Doping  
Rules**

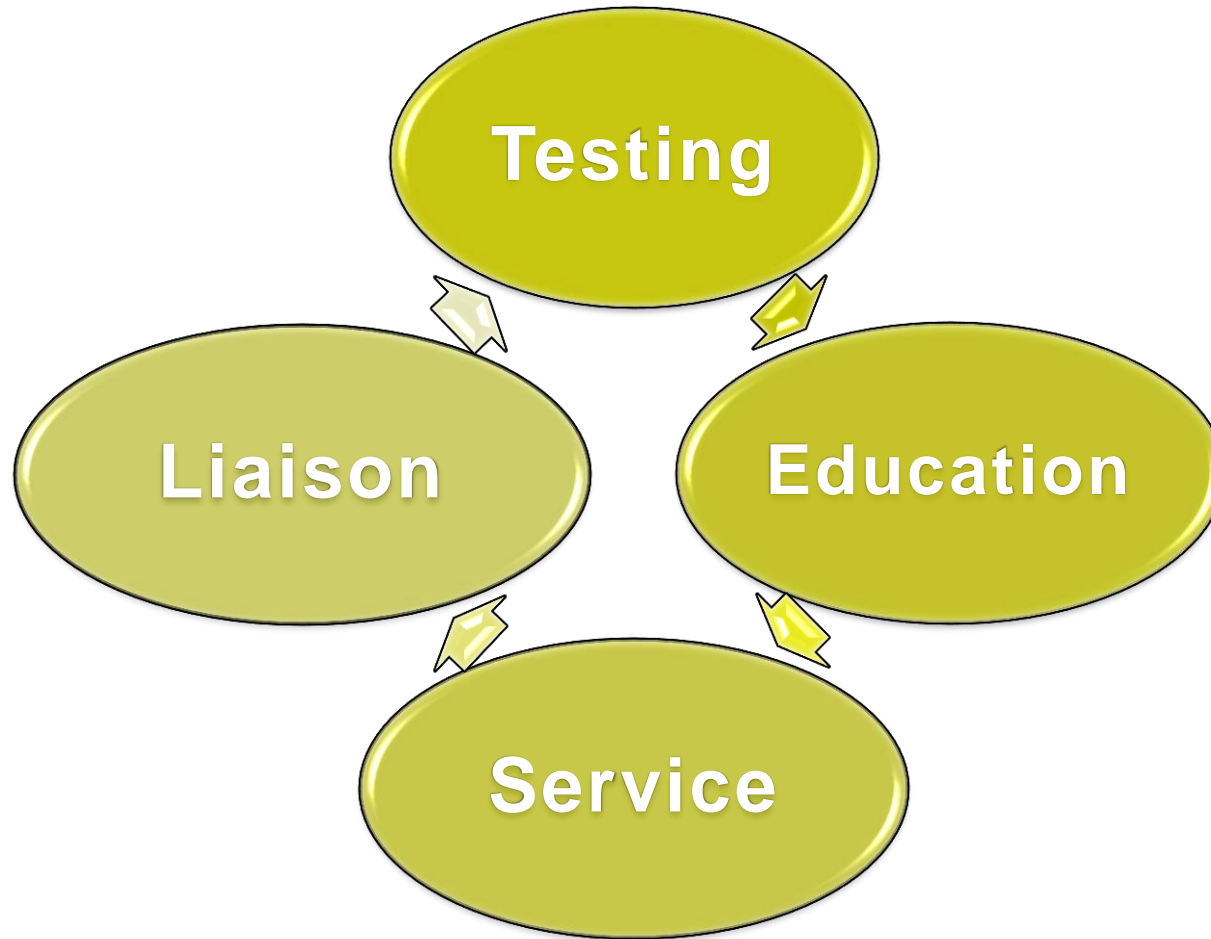
**(Effective on 1 January 2015)**

  
HONG KONG, CHINA

Hong Kong Anti-Doping Committee  
香港運動禁藥委員會



# What we do?





# Testing

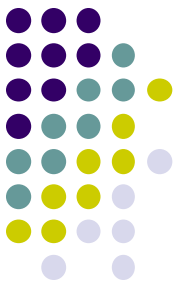
- More target testing
- More effective testing distribution planning



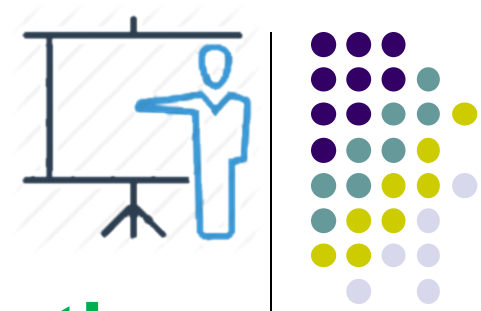
# Target testing

Supported by investigation & intelligence

- ⑩ Testing;
- ⑩ Performance;
- ⑩ Whereabouts;
- ⑩ Withdrawal;
- ⑩ Injury;
- ⑩ Age & Career;
- ⑩ Financial'
- ⑩ Association;
- ⑩ Testimony of third person'



# Education



## Awareness · Information · Prevention

- Targeted to **young athletes/students & Influencers** – **ASP**  
*(Sept 2015: Secondary school education talk)*
- Value based education
- E-learning resources
- Development of new education resources  
*(Education videos)*
- Partnering with NSAs on various programmes

Education

# Education Outreach Programme



# Education Materials



- Education Pamphlets



- Newsletter



- Education Videos  
YouTube [HKAntiDoping](#)



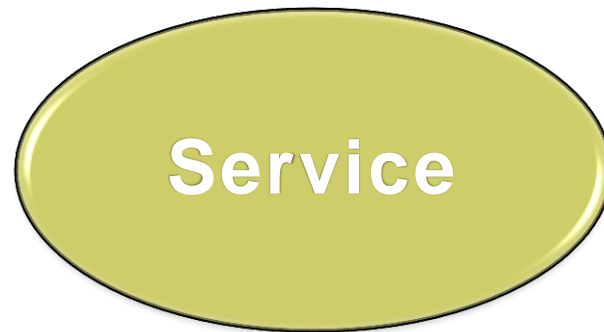


## Liaison

- Partnering with stakeholders on various programmes  
(NSAs, Department of Health, Education Bureau etc.)
- Testing statistics enhancements  
(Annual report to NSAs, IFs)
- NADO to NADO partnerships
- Close relationship with WADA



- Conducts testing on behalf of various testing authorities  
*(i.e. locally held international events)*
- International Standard
- Handling TUE application



# Website & Social Media



Sports Federation & Olympic Committee of Hong Kong, China  
Hong Kong Anti-Doping Committee

*Support Fair Play  
Compete Clean Everyday*

About us What we do Athletes & Supporting Personnel Doctors News & Events Contact Us EN 中

## Advisory Notes

Advisory Notes TrueSelf DrugInSport RealWinner Contact Us

### Bodybuilder Sanctioned for Doping Violation

13 Oct 2014  
The Hong Kong Anti-Doping Committee (HKADC) announced today (13 October 2014) that Ms. YEUNG Ka Yin, athlete in the sport of Bodybuilding, has been imposed a 2-year sanction and a fine of HK\$20,000 for an anti-doping rule violation. The violation o.....

### Revised Anti-Doping Rules 2015

7 Oct 2014  
The revised Anti-Doping Rules of the Sports Federation & Olympic Committee of Hong Kong, China (SF&OC) and Hong Kong Anti-Doping Committee (HKADC) were endorsed at the 362nd SF&OC Council Meeting. These revised Anti-Doping Rules, in compl.....

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#### Update Whereabouts?

ADAMS  
Email: whereabouts@hkolympic.org  
Fax : (852) 2890 3677  
SMS : (852) 6257 7099  
WhatsApp: (852) 6257 7099  
Voicemail: (852) 6257 7099

#### Events

[View Calendar](#)

FAQ's  
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[Press Room](#)

*"Drug Free & Fair Play in Sport"*  
E-Poster & Slogan Design Competition

The revised ADR could be download at  
[http://www.antidoping.hk/what\\_we\\_do.php](http://www.antidoping.hk/what_we_do.php)



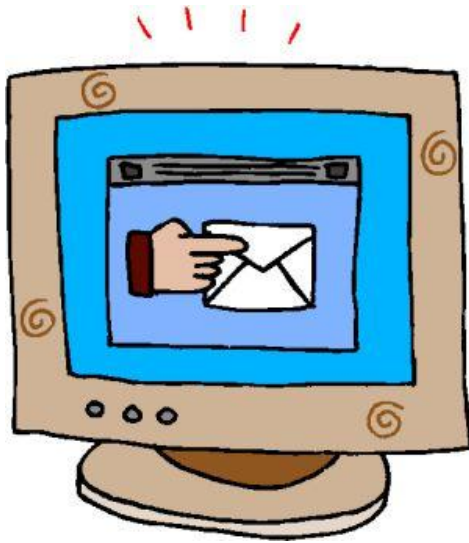
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## Regularly receive

- Advisory Notes
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Hong Kong Anti-Doping Committee  
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