

## ***HKSI Open Day***

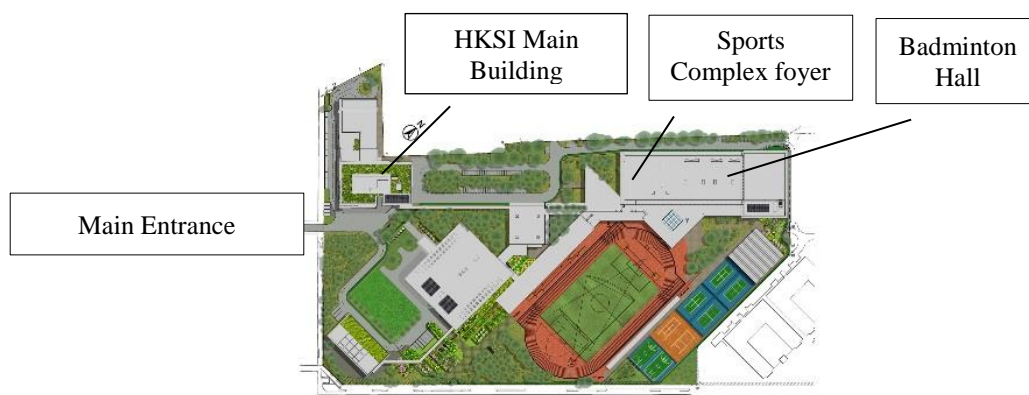
**Date:** 19 February 2017 (Sunday)  
**Time:** 12:30 – 13:00 (Gate Open & Registration for public)  
 13:00 – 17:00 (Tour & Activities)  
**Venue:** Hong Kong Sports Institute

### **Tentative Rundown:**

<b>Time</b>	<b>Sports Complex Foyer</b>	<b>Badminton Hall</b>
12:30	Registration	
13:00		Open for Public
13:30	Guided Tour	
14:00		Opening Ceremony
14:30		Badminton Demonstration
14:45	Meet the Athletes – Chit Chat session	
15:00	Guided Tour	Table Tennis Demonstration
15:30		Rugby Demonstration
16:00	Sports and Health Talk / Guided Tour	Boccia Demonstration
16:30		Wushu Demonstration
17:00	~~ End ~~	

Fun try-outs and booths include: the Sports Federation and Olympic Committee of Hong Kong, China, the Hong Kong Paralympic Committee & Sports Association for the Physically Disabled, cycling, rowing, rugby, squash, table tennis, tennis, tenpin bowling, and fitness tests etc.

### **Map of HKSI**



*\*HKSI Address: Hong Kong Sports Institute, 25 Yuen Wo Road, Sha Tin,*

Public Transport to the HKSI: Take the MTR East Rail Line to the Fo Tan station, then take Exit A and follow the sign to the covered footbridge (next to the Fo Tan Railway House) which will lead to the HKSI Main Entrance (about 5 minutes' walk).