

SPORTS BULLETIN

體訊

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July 2000

Congratulations to Hong Kong sports officials and athletes

A number of sports officials and athletes have been honoured in the Hong Kong SAR Government 2000 Honours List. They include:

Gold Bauhinia Star: Lam Woon-kwong JP, Secretary for Home Affairs; David Lan JP, immediate past Secretary for Home Affairs

Bronze Bauhinia Star: Tien Puk-sun JP, SDB Member

Medal of Honour: Silas Chiang, Secretary General of the HK Schools Sports Federation; Dr Julian Chang, Medical Advisor of the SF&OC and Marco Fu, Snooker Scholarship Athlete

Chief Executive's Commendation for Community Service: So Wa-wai, Scholarship Athlete for Disabled Sports

In addition, SDB Vice-Chairman Billy Kong, MH and Member Herman Hu have been appointed **Justices of Peace**.

On behalf of the sports community, may we congratulate the above recipients and thank them for their contribution to sport.

Talks on Heart Disease and Fluid Replenishment

The Hong Kong Coaching Committee (HKCC) has organised two talks to enrich sports personnel.

A talk on *Sport and Heart Disease* will be given by Dr Gary Mak, a specialist in heart disease, on 26 July (in Cantonese). Dr Shi Xiandai, an expert on fluid replenishment, will give a talk on *Exercise in Heat and*

Fluid Replenishment on 8 August (in English, supplemented with Putonghua). Both talks will be held in the Jubilee Room at the SDB Sports Institute. The fee for attending each talk is \$100. To enroll, call the Coach Education Department on 2681 6516. Early enrolment is recommended, as seats are limited. For more details about these talks, visit the HKCC web site at www.hkcoaching.com.

Getting More of A Kick Out of Taekwondo

Good kicking technique is an essential part of taekwondo. Dr. Youlian Hong, Department of Sports Science & Physical Education of the Chinese University of Hong Kong, and his team conducted a study to improve our understanding of the kicking techniques in taekwondo. Exercise can thus be designed, based on the biomechanical analysis, to increase the strength of the muscles used during high-speed movement of the leg.

The study was produced into a Research Highlights which has been sent to NSAs together with a letter inviting research ideas for 2001/2002. NSAs are most welcome to submit research ideas and proposals that will assist the development and marketing of your sport. For details, please contact Dr Sue Walker at 2681 6337 or Andy Chan at 2681 6334.

Family Sports Camp

NSAs can enjoy a sporty break with their families by joining the Family Sports Camp at the Sports Institute. For just HK\$880, the package (for two adults) includes meals, accommodation of a standard twin room for one night, ball games for four hours, use of swimming pool, discount at the Sports Shop and free parking. This offer is only valid up to end of September. So hurry up and make your reservation. For details, please contact the Commercial Operations Department at 2681 6146.



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Results Update

Athletics

Chinese Taipei International Athletics Meet 2000

10-11 June 2000, Taipei

Name	Event	Result	Position
Chiang Wai Hung*	Men's 100m Heat	10.98" (-1.0)	
	Men's 100m Semi-final	10.74" (+1.0)	
	Men's 100m Final	10.46" (0.0)	1st / 42
Ho Kwan Lung*	Men's 100m Heat	11.26" (0.0)	
	Men's 100m Semi-final	11.36" (+1.0)	
Lee Chi Wai	Men's 100m Heat	11.32" (-2.0)	
	Men's Long Jump Final	6.0m	14th / 15
Tang Hon Sing*	Men's 110m Hurdles Heat	14.92" (0.0)	
	Men's 110m Hurdles Final	14.79" (+1.0)	2nd / 11
To Wai Lok*	Men's 100m Heat	10.93" (0.0)	
	Men's 100m Semi-final	10.70" (+1.0)	
	Men's 100m Final	10.54" (0.0)	2nd / 42
Leung Tat Wai*	Men's 800m Heat	1'59.55"	
	Men's 800m Final	1'56.82"	2nd / 25
Chiang Wai Hung* / Ho Kwan Lung* / Tang Hon Sing* / To Wai Lok*	Men's 4x100m Final	40.77"	1st / 7
Wan Kin Yee*	Women's 100m Heat	12.52" (0.0)	
	Women's 100m Semi-final	12.22" (0.0)	
	Women's 100m Final	11.89" (-1.0)	1st / 30
Chan Mei Tik*	Women's High Jump Final	1.65m	6th / 10
	Women's Long Jump Final	5.0m (+0.48)	9th / 11
Amie Shuttleworth	Women's 800m Final	2'18.00"	1st / 7
	Women's 1500m Final	4'56.98"	1st / 4

Disabled

Sports

Croatian Open Championship Table Tennis for the Disabled

5-13 June 2000, Zegrab

Name	Event	Position
Chan Kim Fai*	Men's Open Singles	3rd / 9
	Men's Singles	3rd / 10
Lam Chi Keung*	Men's Open Singles	4th / 9
	Men's Singles	6th / 10
Lai Wai Ling*	Women's Open Singles	2nd / 4
	Women's Singles	2nd / 4
Wong Man Yan*	Women's Open Singles	3rd / 4
	Women's Singles	3rd / 4
Chan Kim Fai* / Lam Chi Keung*	Men's Open Doubles	2nd / 5
Lai Wai Ling* / Wong Man Yan*	Women's Open Doubles	1st / 2
Chan Kim Fai* / Lam Chi Keung*	Men's Team	1st / 2

Swimming

Mare Nostrum 2000

30 May-1 June 2000, Rome

Name	Event	Result (Heat)	Result (Final)	Position
Matthew Kwok*	Men's 100m Breast	1'05.50"	1'05.29" OQ	8th / 8 (Final A)
Tam Chi Kin*	Men's 200m Breast	2'26.30"	2'25.92"	8th / 8 (Final B)
Pang Shuk Mui*	Women's 50m Free	27.42"	27.65"	4th / 8 (Final B)
Ng Chi Kwon, Jennifer*	Women's 50m Free	27.42"	27.70"	6th / 8 (Final B)

OQ=Meet Olympic Qualifying Time

Diving

6th FINA Diving Grand Prix, Hong Kong

2-4 June 2000, Hong Kong

Name	Event	Result	Position
Yu Yuet	Men's 1m Springboard Final	287.55	2nd / 5
	Men's 3m Springboard Preliminaries	331.08	10th / 12
	Men's 3m Springboard Semi-final	547.26	10th / 12
	Men's 3m Springboard Final	513.24	9th / 11
Choi Wan	Men's 1m Springboard Final	247.17	5th / 5

Table

Tennis

Japan Open 2000

15-18 June 2000, Kobe

Name	Event	Round	Opponent	Result
Song Ah Sim*	Women's Singles	Round 1	R. Tsujimoto (JPN)	3:0
		Round 2	A. Konishi (JPN)	1:3
Wong Ching*	Women's Singles	Round 1	H. Fujii (JPN)	3:0
		Round 2	J. W. Li (SIN)	3:2
		Round 3	J. Sun (CHN)	0:3
Kwok Fong Fong*	Women's Singles	Round 1	A. Fukuhara (JPN)	3:0
		Round 2	Y. Zhang (CHN)	0:3
Lau Sui Fei*	Women's Singles	Round 1	A. Umemura (JPN)	3:1
		Round 2	J. Li (CHN)	2:3
Leung Chu Yan*	Men's Singles	Round 1	H. Hoyama (BRA)	2:3
Cheung Yuk*	Men's Singles	Round 1	M. Kato (JPN)	3:1
		Round 2	P. L. Chiang (TPE)	3:1
		Round 3	Y. S. Chang (TPE)	3:2
		Q-final	C. Y. Chuan (TPE)	3:1
		S-final	L. Wang (CHN)	0:3
Yung To Long*	Men's Singles	Qualifying	J. Lundquist (SWE)	0:2
		Qualifying	Y. Nakata (JPN)	0:2
		Qualifying	A. Da Silva (BRA)	2:0
Tang Kwok Kei*	Men's Singles	Qualifying	M. Mitamura (JPN)	0:2
		Qualifying	C. I. Kawai (BRA)	1:2
		Qualifying	Y. Li (GER)	0:2
Wong Ching* / Lau Sui Fei*	Women's Doubles	Round 1	L. C. Pan / Y. F. Lu (TPE)	2:1
		Round 2	J. W. Li / J. H. Jing (SIN)	0:2
Kwok Fong Fong* / Song Ah Sim*	Women's Doubles	Round 1	T. Kawamura / N. Yotsumoto (JPN)	0:2
Leung Chu Yan* / Cheung Yuk*	Men's Doubles	Round 1	H. Hoyama / C. I. Kawai (BRA)	2:0
		Round 2	P. L. Chiang / Y. S. Chang (TPE)	1:2

Competition results from NSAs are most welcome. Please contact Ms Evelyn Chan at (tel) 2681 6377, (fax) 2695 4555, or by e-mail to evelync@hksdb.org.hk

Windsurfing

Kiel Week

17-25 June 2000, Kiel

Name	Event	Penalty Point	Position
Lee Lai Shan*	Mistral Women	34	2nd / 39
Ho Chi Ho*	Mistral Men	169	2nd / 75
Chan King Yin*	Mistral Men	307	40th / 75

Gymnastics

Senior Pacific Alliance Championships

20-25 Apr 2000, Christchurch

Name	Event	Result	Position
Guo Shun Ping*	Women's Vaulting	8.625	29th / 41

Tennis

Quan Qiu Tong Cup

29 May-4 June 2000, Shenzhen

Name	Event	Round	Opponent	Result
Tong Ka Po*	Women's Singles	Round 1	Liu Zhi Rong (CHN)	2:0
		Round 2	Li Na (CHN)	3:1
		Q-final	Ayami Takase (JPN)	2:0
		S-final	Sun Tian Tian (CHN)	1:3

Tennis

Darwin Tennis Championships (14 & Under)

29 June-2 July 2000, Darwin

Name	Event	Round	Opponent	Result
Yiu Wai Man*	Women's Singles	Round 1	Khia De Silva (AUS)	2:0
		Q-final	Brooke Cowie (AUS)	2:0
		S-final	Jacqui Haskett (AUS)	2:0
		Final	Jessica Engels (AUS)	2:0

Squash

YTL Open 2000

21-24 June 2000, Kuala Lumpur

Name	Event	Round	Opponent	Result
Rebecca Chiu*	Women's Singles	Round 1	Laura Hamilton (SCO)	3:0
		Q-final	Maha Zein (EGY)	0:3
Christina Mak*	Women's Singles	Round 1	Nicol David (MAS)	0:3
Faheem Khan	Men's Singles	Round 1	Yap Kok Four (MAS)	3:1
		Q-final	Kenneth Low (MAS)	1:3

Squash

All Stars International Junior Squash Championship

14-18 June 2000, Singapore

Name	Event	Round	Opponent	Result
Connie Choi	Girls' Singles (U17)	Round 1	Ong Sze Yin (SIN)	3:0
		Round 2	Rhea Bhandare (IND)	0:3

Squash

All Stars International Junior Squash Championship (cont'd)

Name	Event	Round	Opponent	Result
Karen Lau*	Girls' Singles (U17)	Round 1	Alice Tan (MAS)	3:0
		Round 2	Janice Wong (SIN)	3:0
		Q-final	Felicity Goodall (AUS)	0:3
		Classic Plate	Lisa Doherty (AUS)	3:0
		Classic Plate Final	Tracey Michell (AUS)	3:1
(Classic Plate 1st)				

Squash

Singapore Junior Squash Open**22-25 June 2000, Singapore**

Name	Event	Round	Opponent	Result
Connie Choi	Girls' Under 17	Round 1	Tan Pei Qi (SIN)	3:1
		Q-final	Joanne Jee (MAS)	3:0
		S-final	Joshna Chinappa (IND)	0:3
		3-4 Play-off	June Tiong (MAS)	3:0
(3rd)				
Karen Lau*	Girls' Under 17	Round 1	Kathleen Wong (SIN)	3:0
		Round 2	Leong Yie Mun (MAS)	3:0
		Q-final	June Tiong (MAS)	3:0
		Final	Joshna Chinappa (IND)	3:1
(1st)				
Frances Ho	Girls' Under 19	Q-final	Tan Chin Wee (SIN)	W/O
		S-final	Karen Kronemeyer (AUS)	2:3
		3-4 Play-off	Teng Ooi Ean (MAS)	3:0
(3rd)				

Rugby

17th Asian Rugby Football Tournament**24 June-2 July 2000, Aomori**

Name	Round	Opponent	Result
Hong Kong	Round-robin	Japan	0:75
	Round-robin	South Korea	34:36
	Round-robin	Chinese Taipei	13:25

Shooting

ISSF World Cup in Pistol, Rifle & Running Target**5-14 June 2000, Munich**

Name	Event	Result	Position
Yan Suk Yin	Air Pistol Women	367	67th / 89
Ho Yuk Fung	Air Pistol Women	359	73rd / 89
Lee Shek June	Air Pistol Men	568	63rd / 104
	Free Pistol	545	45th / 87
Tang Sai Hoi	Air Pistol Men	546	91st / 104
Tam Sai Lung	Air Rifle	562	98th / 116
Ngan Fai Sing	Air Rifle	550	101st / 116
Man Kin Hung	Rapid Fire Pistol	554	52nd / 61

* Scholarship athletes

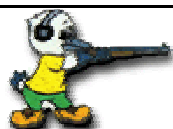
The 5th All China Games for the Disabled

The 5th All China Games for the Disabled was held in Shanghai on 6-14 May 2000. A total of 11 sports were competed including athletics, swimming, table tennis, shooting, weightlifting, badminton, judo, wheelchair tennis, goalball, wheelchair basketball and sitting volleyball. This was the first time for athletes with intellectual disability to take part in the Games. Thirty-one delegations (of around 3,000 participants) representing different parts of the country gathered in Shanghai. Hong Kong SAR athletes clinched 9 gold, 8 silver and 10 bronze medals. Please refer to the list below for details. (* represents Scholarship athlete)



Athletics

Yu Chun Lai *	Women's 100m (T36) 200m (T36) 400m (T36)	2nd 1st 2nd
Cheung Yuk Ping	Women's 100m (Intellectual Disability) 200m (Intellectual Disability) Long Jump (Intellectual Disability F20)	1st 1st 3rd
Tsang Man Li	Women's 100m (Intellectual Disability T20) 200m (Intellectual Disability T20)	2nd 3rd
So Wa Wai*	Men's 100m (T36) 200m (T36)	1st 1st
Cheng Yan Keung*	Men's 100m (Wheelchair T55) 200m (Wheelchair T55)	1st 2nd
Lo Wai Hong	Men's 100m (Intellectual Disability) 200m (Intellectual Disability)	2nd 1st
Lam Kwong	Men's 200m (Intellectual Disability T20)	2nd
Cheung Yiu Cheung*	Men's 100m (T37) 200m (T37)	2nd 3rd
Lee Kwok Yin*	Men's Shot Put (Wheelchair F54) Javelin (Wheelchair F54) Discus (Wheelchair F54)	3rd 3rd 3rd



Shooting

Leung Shui Mai	Women's Air Rifle Prone (60)	3rd
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Swimming

Cheung Kin Wah	Men's 50m Free (S12) 100m Free (S12)	3rd 3rd
Wong Kin Ming	Men's 400m Free (S6)	3rd



Table Tennis

Kwong Kam Shing*	Men's Single Open Single TT5	1st 1st
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Wheelchair Tennis

Law Chor Ying / Kwok Wing Kwai / Cheng Kam Hung	Men Team Open	2nd
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