

# Elite Training Grant 2009-2010

## Eligibility Criteria and Guidelines

**Pre-Requisite:** Asian and/or Olympic Games disciplines

### Senior Category

Athletes Categories	Elite A				Elite B				Elite C				* Senior Squad			
	Full Time		Part Time		Full Time		Part Time		Full Time		Part Time		Full Time		Part Time	
	Basic	Max.	Basic	Max.	Basic	Max.	Basic	Max.	Basic	Max.	Basic	Max.	Basic	Max.	Min.	Max.
Monthly Grant	\$21,250	\$25,000	\$9,750	\$16,250	\$11,900	\$14,000	\$5,460	\$9,100	\$8,500	\$10,000	\$3,900	\$6,500	\$5,525	\$6,500	\$2,535	\$4,225
Olympic Games	Medallist (minus-one rule) 4th – 8th and top 1/3				9th – 16th and top 1/3				Qualified according to required standard (not including wild card participation)							
Asian Games	Medallist (minus-one rule)				4th – 8th and top 1/3				4th – 8th and top 1/2							
World Champs World Cup (Finals)	Medallist and top 1/3				4th – 8th and top 1/3				1st – 8th and top 1/2							
Asian Championships National Games World Universities Games World Universities Champs Asian Cup (Finals) World Cup Series					1st – 8th and top 1/3				1st – 8th and top 1/2							
East Asian Games Asian Cup Series National Championships									Medallist and top 1/3							

### Junior Category

Athletes Categories	Junior A				Junior B				* Junior Squad			
	Full Time		Part Time		Full Time		Part Time		Full Time		Part Time	
	Basic	Max.	Basic	Max.	Basic	Max.	Basic	Max.	Basic	Max.	Basic	Max.
Monthly Grant	\$5,525	\$6,500	\$1,950	\$3,250	\$2,550	\$3,000	\$900	\$1,500	\$425	\$500	\$425	\$500
World Youth Games World Youth Champs World Youth Cup (Finals)	1st – 8th and top 1/3				1st – 8th and top 1/2							
Asian Youth Champs All City Games Asian Youth Cup (Finals) World Youth Cup Series	Medallist and top 1/3				4th – 8th and top 1/3							
Asian Youth Cup Series Asian Age Group Champs National Youth Championships					Medallist and top 1/3							

- Remarks
- (1) "Minus-one rule" means the athlete/team must have beaten one competitor/team in the event.
  - (2) Other high-level events comparable with the respective categories may be considered at the discretion of the Hong Kong Sports Institute

## A. Athletes Categories

Athletes Category		Elite Sports	IASS Sports *
Senior	Elite A	✓	✓
	Elite B	✓	✓
	Elite C	✓	✓
	Senior Squad	✓	
Junior	Junior A	✓	✓
	Junior B	✓	✓
	Junior Squad	✓	
Potential	Individual Athletes	✓	

\*IASS (“Individual Athlete Support Scheme”) Sports: non-Elite Vote-supported Sports (Asian / Olympic Games disciplines) with individual athletes meeting elite level.

## B. General Guidelines - Eligibility Criteria

### 1. Elite A/B/C and Junior A/B

Categories of grants will be based on the performance of the applicant in the previous two years.

### 2. Senior/Junior Squad (for Elite Sports only)

Athletes who do not meet the criteria but fulfill the following:

- a) For existing Scholarship Athletes
  - Marginally missed the criteria
  - First year of promotion from junior to senior
- b) For new recruits
  - Consistent level of performance at national level
  - Reasonable level of performance at international level
  - Potential for further improvements
  - Drive and determination for improving performance
  - Commitment to elite training
  - Suitable physique and temperaments
  - Supported by family/school/employers

Note: Definition of Senior and Junior athletes

According to the respective IF’s regulation, not the specific competitions the athletes have once entered.

### 3. Potential (for Elite Sports only)

Athletes with sport talent and potential and are recommended to receive local training at HKSI only. Additional support is subject to special approval.

4. Definition of Full-time and Pre-Full-time (Part-time) Athletes

Full-time

- a) Athletes who do not have full-time job nor engage in full-time study programmes and take elite training and competitions as their first priority;

AND

- b) A minimum of 5 days and 25 hours of training per week

(Athletes taking up part-time job/studies must be approved by Head Coaches/NSAs)

Pre-Full-time(Part-time)

A minimum of 4 days and 15 hours of training per week

5. The following considerations would also be used for deciding selection of athletes and the level of support:
- Commitment to training and competition
  - Frequency of participation in overseas competitions
  - Potential for further advancement
  - Consistent level of performance
6. Results achieved would be considered for funding support for one year only. Under special circumstances such as injuries or intervals of major competitions, continuous support could be extended up to a maximum of two years.
7. Results achieved from demonstration events would not be considered.
8. Results should be achieved from events with at least a minimum entry of four countries/regions.
9. Athletes receiving the grants should meet the three-year residency policy. Special consideration would be given for athletes with outstanding achievements, at the discretion of the Hong Kong Sports Institute.
10. Under normal circumstances, only final position in a particular competition will be used as the eligibility criteria. However, if the applicant fails to take part in any major competitions as listed due to injury, sickness or other justified reasons, the applicant's World or Asian rankings will be used as a reference for consideration. Rankings of athletes should be supported by officially published/ endorsed ranking list of the respective AF or IF.
11. The above eligibility criteria and vetting principles would be used as the basis of reference for recommendation. The Hong Kong Sports Institute would base on individual merits and availability of funds to decide the number of recipients and the level of support provided. Discretion would also be used in cases where special consideration is necessary.

### **C. Adjustment of Grant Levels**

1. To ensure steady grant for athletes in a year, athletes' approved grant categories should remain unchanged throughout the year.
2. All eligible athletes should receive the basic grant as a starting grant. NSAs/Head Coaches could adjust the grant levels for their athletes within the maximum grant of the respective categories, taking into account the following considerations:
  - Consistent level of performance at international level
  - Commitment and determination
  - Attendance and punctuality
  - Profession ethics/sportsmanship
  - Contribution to team work
  - Number of years at high performance level
  - Other considerations, as appropriate
3. For Elite Sports and IASS Sports, Head Coaches/NSAs could consider increasing the grant level for athletes up to 30% of their maximum grant, with exceptional justifications such as:
  - Outstanding international achievements (Note)
  - Special contribution to the squad and sport
  - Other factors, as appropriate, to be fully justified

Note: Outstanding Achievements

Elite A: Achieved one of the following:

- 1) An Olympic Games Medal
- 2) An Asian Games Gold Medal
- 3) Two Asian Games Medals achieved in any 2 Asian Games

Elite B: Achieved Elite A results in the middle of the year

Elite C: Achieved Elite B results in the middle of the year

Senior Squad: Achieved Elite C results in the middle of the year

Junior A: Achieved a Gold Medal at World Championships

Junior B: Achieved Junior A results in the middle of the year

Junior Squad: Achieved Junior B results in the middle of the year

4. Head Coaches/NSAs could change the grant level for athletes from Part-time to Full-time or vice versa, or add new recruits to the Senior/Junior Squads in the middle of the year. Grants saved/required as a result of these changes are to be returned/applied from the designated pool for Elite Training Grant.

### **D. One-off Incentives for Athletes**

Athletes who have achieved outstanding and prestigious results in Major Games and Major Championships, or achieved major performance breakthroughs in the year, could be awarded with a one-off incentive of not more than \$5,000 per athlete per year, subject to the availability of the Elite Training Grants within the Coaching Department/NSA.

## **E. Suspension/Forfeiture/Termination of Grants**

1. Head Coaches/NSAs could suspend/forfeit/terminate grants for athletes if:
  - Athletes cannot fulfill training/competition requirements
  - Misconduct/disciplinary problems of the athletes
  - Athletes withdraw from the Elite Training Programme
2. One month's notice will be given to the athlete in general, with respective Head Coaches/NSAs' endorsement.

## **F. Appeal Channel**

- Step 1: In case of queries on the level of grant, athletes should approach the respective Head Coach / NSA to understand the situation.
- Step 2: If necessary, athletes could contact the Coaching Support Department of the HKSI for further information and assistance.
- Step 3: If athletes still wish to make an appeal, they can approach the Head, Coaching Support Services of the HKSI who will handle the case directly.
- Step 4: If athletes are not satisfied with the result of the appeal, they can meet with the Chief executive of the HKSI to review the case to get a final decision.

## **G. Payment Method**

1. Monthly payment will be made within 7 days of the following month.
2. Grants will be paid to athletes' designated account.

## **H. Athlete Agreement and Performance Assessment**

1. All grant recipients have to sign the Athlete Agreement before grants would be released.
2. Performance appraisal reports for all grant recipients have to be submitted twice a year, one report in October (for April to September) and a final report in next April (for October to March and overall evaluation).
3. Head Coaches/Coaching Supervisors will complete the standard report form and endorsed by the respective NSAs. Payment to athletes will be suspended if reports could not be submitted according to the specific timeline.
4. For grant recipients from the non-Elite Vote-supported Sports, a meeting will be arranged for the recipient, his/her Coaching Supervisor and the NSA representative to meet with the HKSI to sign the Athlete Agreement and discuss details of the training plan of the athlete, targets and goals of the year, monitoring of performance, etc. in the beginning of the year. Another meeting will be arranged in the middle of the year to review progress.

## **I. Allocation of Grants to Coaching Departments/NSAs**

1. Based on the list of grant recipients as approved by the HKSIL Board in the beginning of the financial year, the maximum grant (100%) will be assumed in arriving at the total amount of grants for the respective Coaching Departments/NSAs.
2. Head Coaches/NSAs will decide the level of grant for each athlete within the total available Elite Training Grant of the Department/NSA.

3. Contingency funds will be available to cater for:
  - New recruits for Elite Sports
  - Athletes change from Part-time to Full-time training, Junior Squad to Senior Squad
4. In case of withdrawal of athletes or forfeiture of grants, the related grants will be returned to the contingency.

## **J. Administration Procedures and Annual Timetable**

Dec	Invite nominations of grant recipients from Head Coaches/NSAs for the coming financial year
Jan	Close nominations and make recommendations to the HKSIL Board for the levels of support for eligible athletes
Feb	HKSIL Board to approve the list of grant recipients
Mar	Inform NSAs/athletes/Head Coaches of the levels of support for the coming financial year
Apr/May	Head Coaches/NSAs to finalize the level of grants for each athlete → Athletes to sign Athlete Agreement → Medical Check-up → Release payment
Mid month	Deadline for Head Coaches/NSAs to adjust grant levels for athletes, if any
Oct	1 <sup>st</sup> performance assessment Report
Next Apr	2 <sup>nd</sup> performance assessment Report and overall evaluation

## **K. Application Procedure**

Applications are assessed once a year and the results will be announced in April.

All applications must be endorsed by the respective Coaching Supervisors and the NSAs.

Applications for 2009-2010 should be submitted to the HKSI (address stated below) **on or before 10 December 2008**.

[Application Form](#) (DOC)

**LATE OR INCOMPLETE APPLICATIONS  
WILL NOT BE CONSIDERED**

### **ENQUIRES**

Coaching Support Department

Hong Kong Sports Institute,

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